



All proceeds benefit High Plains Mended Little Hearts to provide education and support to individuals and families living with, surviving with, caring for, or remembering those with Congenital Heart Defects (CHD) in the Texas, Oklahoma & New Mexico Panhandle Region.

Heart GL

"Glowing 1 Heartbeat at a Time"

Friday, May 16, 2014

John Stiff Memorial Park, Picnic Area #10

Balloon & Lantern Release 8:45 p.m.

5K Fun Run and Family Walk 9:00 p.m.

Prizes will be awarded for best costume!!

Entry \$25 per person

Includes entry to event, t-shirt & goodie bag

**guaranteed for first 200 entries*

Packet Pick-Up/Registration - Tuesday, May 13th, 6:30-8:30 at Beef O'Bradys

(tell your wait staff and a percentage of your meal ticket will be donated to HPMLH)

Registration/Check-In on Race Day at Picnic Area #10 – 7:00 p.m. – 8:15 p.m.

Name: _____ Age: _____ T-Shirt _____

Date of Birth: ____/____/____ Male / Female Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Email: _____ Team Name: _____

Emergency Contact: _____ Phone: _____

I hereby certify that I am adequately fit to participate in this event. In consideration or the acceptance of this entry, I, the undersigned, for myself, my personal representative, beneficiaries, and heirs, knowingly waive, release and discharge any and all rights and claims which I have or may have hereafter accrue to me or my estate against High Plains Mended Little Hearts, Mended Little Hearts Inc., or Mended Hearts Inc., it's officers, directors, agents, representatives, and the volunteers, sponsors, promoters, and all other persons associated for any and all injuries or death suffered by me in this event. I HEREBY ASSUME FULL RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY (OR MY FAMILY MEMBER'S) ATTENDANCE AT OR PARTICIPATION IN THIS EVENT.

Participant's Signature (parent if participant is under 18) _____ Date _____

Please make checks payable to: High Plains Mended Little Hearts
112 Stockton
Amarillo, TX 79118

Contact: Jamie at 806-674-5430
amarillotx@mendedlittlehearts.org
www.highplainsx.mendedlittlehearts.net

